



The Safe Strong and Free Project believes that every child has the right to grow up safe, strong and free and that preventing sexual assault and exploitation of children is the responsibility of the whole community. SS&F is a charity and voluntary organisation which aims to reduce the vulnerability of young children to abuse and assault by running a series of 3 workshops. Two puppets, Callum and Shona, help to teach pre-school children strategies they can use to help them stay safe, strong and free.

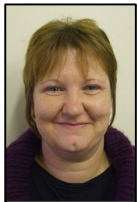
Good News!



Safe Strong and Free submitted a funding bid to The Robertson Trust and we were awarded £13,000. We are very grateful for this support. Attention will now turn to securing funds for 2012/13.



Staff & Volunteers



Yvonne Bryla joined the ssf team as Project Worker for Inverness & South Ross-shire in October 2010. Yvonne is keeping us entertained with her amusing adventures (with Callum and Shona at times!).

Project Workers would like to thank all the nurseries and partner centres for their hospitality and support throughout the year.

Ethel MacLeod has been a ssf volunteer since 2004 and was recently co-opted onto the Board.

A very big thank you to all the volunteers who helped in our workshops and the office in the past year, their contribution is invaluable. We also wish a very warm welcome to Fiona, our newest recruit.



Vacancies

Our Treasurer, Shauna Paterson, will be standing down at the AGM as she has served the maximum 6 years allowed; this leaves a vacancy on the Board. If this is an opportunity that interests you, please contact us. Thank you Shauna for your commitment and good luck for the future.



Workshops

Some of you will have already booked your workshop for 2011/12. If not, the Project Worker for your area will be in touch after the summer holidays.

Independent Examination of Charity Accounts

Laura Fiddes, our Admin Assistant and Annette Ewen, our Co-ordinator have been on a course which trained them to independently examine 'receipts & payments' charity accounts to the standard expected from The Office of the Scottish Charity Regulator. They are looking for accounts from small charities to examine. If they can help you, please contact the ssf office.

Donations

Thank you very much to the following for their support:

- Anonymous donor who gave £300
- Staff and Directors who gave £765.85 since June 2010
- Carol Poland gave ssf a £10 Christmas gift
- Chris Ewen donated £26.63
- Class of '86 Culloden Academy donated £215.34
- Central Primary School nursery donated £30
- We received a £193 Gift Aid payment for the 2010/11 donations
- Collection cans (in various retail outlets) raised £100.99 since June 2010
(if you know of anywhere we can place a collection can, please let us know)



You can also help raise much needed funds for ssf **for free** when you shop online at Amazon, Argos, Comet, iTunes, eBay, Boots, etc. All you have to do is sign up to www.easyfundraising.org.uk/ssf and use the links on the easyfundraising site to go to your chosen retailer. They will donate a percentage of what you spend to ssf. We've currently raised **£83** this way. Please sign up and start making a difference ...simply by shopping!

Ssf Annual General Meeting

The Safe, Strong and Free Project Annual General Meeting will be held on Friday 16th September 2011 in Inshes Church, Inverness at 12.30pm. This will be followed by a buffet lunch. We will be delighted if you could join us.

 Keep up to date with ssf & post comments - 'like' us on facebook
www.facebook.com/pages/Safe-Strong-Free-Highland/140771199306150