



[www.ssf-project.org.uk](http://www.ssf-project.org.uk)

The Safe Strong and Free Project believes that every child has the right to grow up safe, strong and free and that preventing sexual assault and exploitation of children is the responsibility of the whole community. SS&F is a charity and voluntary organisation which aims to reduce the vulnerability of young children to abuse and assault by running a series of 3 workshops. Two puppets, Callum and Shona, help to teach pre-school children strategies they can use to help them stay safe, strong and free.

## Welcome!

Welcome from all of us at Safe Strong and Free. Time to dig the snow shovel out of the back of your shed/garage ready for Winter!! We hope that you have a great Christmas and that you don't get snowed in! If you wish to make any contributions to the newsletter, contact Annette Ewen or Laura Fiddes at the office.

Tel/Fax: 01463 712669  
E-mail: [info@ssf-project.org.uk](mailto:info@ssf-project.org.uk)



## Staff & Volunteers



Laura

A very big thank you to all the volunteers who helped in our workshops and the office in 2011, their contribution is invaluable. We wish a very warm welcome to Laura, and to our newest recruit Pamela who we hope will be assisting with workshops in the New Year once her training is complete.

Annette Ewen was interviewed on Monster Fm. If you wish to listen to the interview please go to [www.ssf-project.org.uk/news/](http://www.ssf-project.org.uk/news/).



## Vacancies

We are currently recruiting new Board Members. If this is an opportunity that interests you, please contact us asap to find out more.

If you wish to make any contributions, contact Annette Ewen or Laura Fiddes at the office – 01463 712 669 or [info@ssf-proect.org.uk](mailto:info@ssf-proect.org.uk)

## Independent Examination of Charity Accounts



Laura Fiddes, our Admin Assistant and Annette Ewen, our Co-ordinator have been on a course which trained them to independently examine 'receipts & payments' charity accounts to the standard expected from The Office of the Scottish Charity Regulator (OSCR). They are looking for accounts from small charities to examine. If they can help you, please contact the ssf office.

## Donations & Fundraising

**Do you do your Christmas shopping online? – Yes**, then you can also help raise much needed funds for ssf **for free** when you shop online at Amazon, Argos, Comet, iTunes, eBay, Boots, etc. All you have to do is sign up to [www.easyfundraising.org.uk/ssf](http://www.easyfundraising.org.uk/ssf) and use the links on the easyfundraising site to go to your chosen retailer. They will donate a percentage of what you spend to ssf. We've currently raised **£99.11** this way. Please sign up and start making a huge difference ...simply by shopping!



### Do you donate to charity at this time of year?

Please consider safe strong & free this Christmas. To donate: text SSFH11 to 70070 with the amount you wish to donate and make a difference today (e.g. SSFH11 £5). 100% of your donation will come directly to us, including any gift aid.



Ssf have also registered with MyDonate, an online fundraising service from BT. There is a minimum donation of £2 and a maximum of £75,000 ☺



Details are available on our website and facebook.

If you know of anywhere we can place a collection can then please contact us (details overleaf).

Thank you very much to the following for their donations:

- Caroline Paterson who gave a donation in return for an item which was advertised on facebook (Inverness Bargains) by a member of ssf staff.
- Anonymous donor who gave £100
- Robbie Ewen donated £14, and the Holm family £51
- A cheque from easyfundraising for £15.05
- Staff and Directors who gave £445 since June 2011



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